

# Beaverton School District HELP CENTER

## 30 Day Hunger and Homeless Awareness Challenge

### November is National Hunger and Homeless Awareness Month!

<p><b>HOW TO TAKE THE 30 DAY CHALLENGE:</b></p> <ul style="list-style-type: none"> <li>• Get a journal and document your daily assignments.</li> <li>• Start a collectin jar &amp; place a donation in it every day. <b>Pocket CHANGE can create significant CHANGE!</b></li> </ul>	<p>• Each day do the activity listed, you'll find valuable community resources for each challenge listed on page 2</p> <p>• After 30 Days donate the money you've collected to an agency listed on the next page</p>	<p><b>DAY 1</b> Substandard Housing includes a lack of water, electricity, working appliances and mold issues. These are situations that contribute to housing instability. Place a donation in the jar and research this challenge in our community.</p>	<p><b>DAY 2</b> -People become homeless for different reasons. To learn more please visit: <a href="http://www.shelterusbaverton.org/volunteez/">http://www.shelterusbaverton.org/volunteez/</a> After reviewing this family's video place a donation in the jar.</p>	<p><b>DAY 3</b> -Homeless prevention is critical. We urge families to use food pantries and save all their income for rent &amp; utilities. Place a donation in the jar for every meal your family has shared this week &amp; learn more about Beaverton's supplemental food resources.</p>	<p><b>DAY 4</b> – The Beaverton School District annually provides social support services to over 1,500 children ages birth-12<sup>th</sup> grade. Learn more about who qualifies and what services are provided at: <a href="https://www.beaverton.k12.or.us/community/homeless-program">https://www.beaverton.k12.or.us/community/homeless-program</a></p>	<p><b>DAY 5</b> –When families lose their housing they often lose all their personal belongings as well. The Community partners who replace lost clothing and personal possessions are heroes! Can you imagine wearing the same clothes to school everyday?</p>
<p><b>DAY 6</b> -Families experiencing homelessness often struggle with keeping their clothes clean and being able to bathe. Place a donation in the jar for every load of laundry you've done this week &amp; the number of showers each member of your family has taken.</p>	<p><b>DAY 7</b> – Many of our homeless families are working parents who are under employed or have other challenges that are out of their control. The cost of child care is one of those challenges. Imagine that you're a single parent raising a family and earning a little over min. wage.</p>	<p><b>DAY 8</b> - Take the SPENT online poverty simulation and journal your experience. Make a donation to the jar and don't forget to write in your journal! <a href="http://playspent.org/">http://playspent.org/</a></p>	<p><b>DAY 9</b> – Begin to explore sheltering resources for families with children living in Beaverton and Washington County. Start with Community Connect: <a href="http://www.co.washington.or.us/Housing/EndHomelessness/community-connect.cfm">http://www.co.washington.or.us/Housing/EndHomelessness/community-connect.cfm</a></p>	<p><b>DAY 10</b> - In times of inclement weather we need to make sure our children and families are in shelter. This is a critical gap area of need in Washington County. Explore our severe weather resources at: <a href="http://www.co.washington.or.us/homeless">http://www.co.washington.or.us/homeless</a></p>	<p><b>DAY 11</b> - Post recession, domestic violence and addiction issues have increased significantly and have displaced many families. Explore our Domestic Violence Resource Center at: <a href="http://www.dvrc-or.org">www.dvrc-or.org</a></p>	<p><b>DAY 12</b> – The Domestic Violence Shelter in Washington County is Monika's House: <a href="http://www.dvrc-or.org/monikas-house/">http://www.dvrc-or.org/monikas-house/</a></p>
<p><b>DAY 13</b> – Union Gospel Mission has a Life Change Center in Beaverton, addressing addiction and domestic violence challenges. Learn more about their program at: <a href="https://ugmportland.org/lifechange/">https://ugmportland.org/lifechange/</a></p>	<p><b>DAY 14</b> – There are 3 emergency shelters shared by all 7 Washington County Cities. There can be up to a 3 month wait to get into one of these shelters. Families may stay for 6 weeks. How does this make you feel?</p>	<p><b>DAY 15</b> – Let's explore our Washington County emergency shelters. The Good Neighbor Center is located in Tigard. <a href="https://goodneighborcenter.org/">https://goodneighborcenter.org/</a></p>	<p><b>DAY 16</b> – Family Promise-Washington County is a faith based sheltering network located in Hillsboro. <a href="http://www.familypromisewashingtoncountyoregon.org/">http://www.familypromisewashingtoncountyoregon.org/</a></p>	<p><b>DAY 17</b> – The Salvation Army-Veterans and Family Center is located at: 14825 SW Farmington Road, Beaverton, OR 97007 <a href="http://www.portland.salvationarmy.org/">http://www.portland.salvationarmy.org/</a></p>	<p><b>DAY 18</b>- The Community Action Family Shelter in Hillsboro offers twenty beds with space for five families. <a href="http://caowash.org/what_we_do/housing.html">http://caowash.org/what_we_do/housing.html</a></p>	<p><b>DAY 19</b> – Beaverton &amp; Tigard are building a Family Promise Shelter Network to expand insufficient shelter resources. Learn how to help support this program at: <a href="http://familypromiseofbeaverton.org/">http://familypromiseofbeaverton.org/</a></p>
<p><b>DAY 20</b> – Homeless youth are kids who lack parental, foster or institutional care. BSD annually serves over 350 homeless, youth. Let's create change in this area!</p>	<p><b>DAY 21</b>- Home Plate Youth Services is the county's only provider of drop-in centers and street outreach for homeless youth. <a href="http://www.homeplateyouth.org/">http://www.homeplateyouth.org/</a></p>	<p><b>DAY 22</b> – Second Home for Youth provides long-term shelter for homeless youth ages 16 through graduation from high school. <a href="http://www.emoregon.org/secondhome.php">http://www.emoregon.org/secondhome.php</a></p>	<p><b>DAY 23</b> –Safe Place for Youth Shelter in Hillsboro provides emergency shelter to homeless youth for up to 6 weeks &amp; transitional housing. <a href="http://boysandgirlsaid.org/housing/safe-place/">http://boysandgirlsaid.org/housing/safe-place/</a></p>	<p><b>DAY 24</b> –Did you know every school district in the US is required to support homeless children and youth? Learn more about services in Oregon at: <a href="http://www.ode.state.or.us/search/results/?id=113">http://www.ode.state.or.us/search/results/?id=113</a></p>	<p><b>DAY 25</b> –Homeless children see school as a surrogate home. A place of support, security and safety. Learn more about how schools support homeless students and their families: <a href="http://www.naehcy.org/">http://www.naehcy.org/</a></p>	<p><b>DAY 26</b> -Homeless people often lack the means to prepare a meal. Did you know that service providers rely on donations of restaurant gift cards to help feed their clients when they're unsheltered?</p>
<p><b>DAY 27</b>- The Beaverton School District averages between 3-5 unsheltered families every day of the year. The Holy Trinity Ministry House is helping some of our BSD families get off the streets.</p>	<p><b>DAY 28</b>- New City Initiative-Village Support Network partners with the Holy Trinity Ministry House to offer homeless families the support they need to thrive. <a href="http://www.newcityinitiative.net/">http://www.newcityinitiative.net/</a></p>	<p><b>DAY 29</b>- Safe Families for Children offers a <i>temporary</i> safe home to children while freeing up their parents to focus on their challenges. <a href="http://safefamiliespd.org/">http://safefamiliespd.org/</a></p>	<p><b>DAY 30</b>- Current gap areas of need: • Severe Weather Shelter • Another Emergency Shelter • A community resource center for social service providers and homeless prevention</p>	<p>The 30-Day Challenge is an opportunity to help raise awareness, volunteerism &amp; funding to help those in need in Washington County, Oregon. Challenge participants engage in small awareness raising activities every day for 30 days and learn about services available, as well as gap areas of need.</p> <p>Washington County agencies, nonprofits and volunteers work 360 Days a year to end hunger and homelessness. But we can't do it alone! It takes an entire community. You can make a difference by taking the 30 day challenge!</p>		



### 30-Day Challenge

The 30 Day Challenge is an easy way for people to get involved and to become educated about the realities of homelessness in our community. **To participate just print the challenge, follow the daily activities, keep up with your journal, collect pocket change and encourage others to participate with you. At the end of the 30-Day Challenge and then mail or hand deliver your donations to anyone of the Very Important Partner (VIP) organizations listed below.**

**This is the 30-Day Challenge Calendar Key**

**The key will lead you to resources that may be able to assist homeless people in our community.**

### WEEK #1

**Day 1:** Many renters do not know their rights or are afraid to advocate for themselves with their landlord. The **Community Alliance of Tenants** is a great resource for support. <http://oregoncat.org/>

#### Legal Aid Landlor Tenant Hotline

<http://www.co.washington.or.us/services.cfm?page=4&lang=e&serviceid=249>

#### City of Beaverton Landlor/Tenant Mediation

<http://www.beavertonoregon.gov/915/Landlord-Tenant-Mediation>

**Day 2: Shelter Us Beaverton** is a community umbrella bringing Beaverton's social service providers, interfaith community and civic leadership together to provide better communication and collaboration in addressing the significant challenges of homelessness in the Beaverton School District attendance area. **Our current "Call to Action" is focused on supporting the development of an inclement weather shelter for families with children and a Beaverton Community Resources Center.** To learn more about the face of homelessness in our community we encourage you to watch the Shelter Us Beaverton video and for information on how you may be able to assist with these goals please visit our web site at: <http://www.shelterusbeaverton.org/>

**Day 3: Care To Share's** mission is to coordinate assistance to Beaverton, Aloha and Portland families and individuals seeking emergency food and other basic needs. Our goal is to help people through crisis situations and to connect them with other services if additional support is needed. For more information on how to support your local food pantry with hand to mouth assistance please visit: <http://www.caretosharehelp.org/>

**Day 4: The Beaverton School District HELP (Homeless Education Liaison Program) Center** is located at: 4925 SW Angel Street, Beaverton, Oregon 97005. The HELP Center has been serving the needs of homeless children, youth and families in the Beaverton School District attendance area since 2001. For more information concerning this Federally mandated McKinney-Vento Homeless Education program please visit their web site through the Beaverton School District: <https://www.beaverton.k12.or.us/community/homeless-program>

**Day 5: VIP's...** Some of our **Very Important Partners** help our homeless students and families replace lost personal property. Please support the following programs:

**-The Beaverton School District Clothes Closet**

<https://www.beaverton.k12.or.us/depts/CCI/volunteer-engage/Pages/Clothes-Closet.aspx>

**-The Assistance League's Operation School Bell**

<http://portland.assistanceleague.org/>

**-Northwest Children's Outreach**

<http://northwestchildrensoutreach.org/>

**-The Community Warehouse**

<https://www.communitywarehouse.org/>

**WEEK #1 IS OVER! DON'T FORGET TO SHARE WHAT YOU'VE LEARNED!**





## WEEK #2



**Day 6: Create CHANGE every day of the year.** Keep a “Create Change” jar at home or your place of work. Drop your pocket change in and when the jar is full bring it the BSD HELP Center. We will convert your **change** in to quarters that will help our homeless families clean their clothes at the laundry mat. To help homeless families bathe the BSD HELP Center collects toiletry and personal hygiene items and we rely on one of our **VIP’s**, the **Tualatin Hills Park & Recreation District** provides showers for all of our unsheltered children and families. Please support the THPRD scholarship fund at: <http://www.thprd.org/>

**Day 7: CHILD CARE...**The most expensive county in Oregon for child care is Washington County, where the cost of full-time care in a childcare center is now 90% of the average cost of rent in Oregon. For our homeless families this is an overwhelming challenge. The BSD HELP Center has developed a partnership with the Police Activities League (PAL’s) to provide child care, tutoring, mentoring and fun activities for many homeless school age children and youth. We have a scholarship program set-up through the HELP Center that helps to pay the PAL’s tuition for our students. Please consider donating to this fund or support PAL’s by volunteering and or making a donation to this awesome **VIP!** For more information on PAL’s please visit their site at: <http://www.beavertonpal.com/>

**Day 8:** <http://playspent.org/>

This poverty simulation experience is designed to help participants understand what it might be like to be a part of a typical low income family trying to survive from month-to-month. The object is to sensitize participants to the realities of life faced by low income people. The BSD HELP Center offers several different live poverty simulations to schools, civic organizations, businesses and churches. To schedule a poverty simulation for your group or organization call: 503-356-5071 or Email: Lisa\_Mentesana@beaverton.k12.or.us

**Day 9:** Community Connect is a coordinated entry system that helps people experiencing homelessness or at imminent risk of homelessness to find resources in Washington County, Oregon. <http://www.co.washington.or.us/Housing/EndHomelessness/community-connect.cfm>

**Day 10:** The Washington County Severe Weather Shelters are different from the county emergency shelters, as their primary objective is to provide temporary shelter to homeless people when there is a period of prolonged weather reaching severe cold and potentially life-threatening temperatures. This is defined as a period of two or more days where temperatures are forecasted or actually reach 32 degrees Fahrenheit or below during the months of November to March only.

The Washington County Homeless Education Network, (HEN) an alliance between the 7 school districts in the county, comprised of all the McKinney-Vento Homeless Education Liaisons, believe that our unsheltered families with children should have severe weather sheltering priority. Unfortunately, **out of the 7 severe weather shelters in our county only one is open to families with children.** It’s currently only available **on Monday and Tuesday evenings** and is located at the Forest Grove United Church of Christ. The rest of the week all unsheltered, homeless families are encouraged to seek shelter at Human Solutions in Gresham. For unsheltered homeless, unaccompanied youth, the Safe Place for Youth Shelter is open to youth ages 12-19, when the weather is 32 degrees or lower. **The other 5 severe weather shelters in Washington County are open to adults only.** For more information:

[http://www.co.washington.or.us/Housing/EndHomelessness/upload/SWS\\_Activation-Schedule-2.pdf](http://www.co.washington.or.us/Housing/EndHomelessness/upload/SWS_Activation-Schedule-2.pdf)

**Day 11:** We continue to see an increase in domestic violence and addiction issues, which many times result in parental incarceration that may lead to family homelessness. Please support our Domestic Violence Resource Center and shelters. Here’s a great article on how the Great Recession increased domestic abuse: <http://www.bloomberg.com/news/articles/2016-04-05/how-the-great-recession-increased-domestic-abuse>

**Day 12:** Monica’s House is Washington County’s only shelter for adults, children & pets escaping imminent physical danger in family violence situations. Please contact Monica’s House at 503.469.4580 or email Clara Mandujano at [claram@dvrc-or.org](mailto:claram@dvrc-or.org) if you are interested in donating items to Monika's House. DVRC Flyer: <https://static1.squarespace.com/static/524373d9e4b016188cd1cbfd/t/560c4ed2e4b00a54037a5cd6/1443647186285/DVRC-Flyer-Tear-Off+Eg+2015.pdf>

**THANKS FOR HELPING TO CREATE CHANGE!**



**WEEK #2**

**Day 13: The Union Gospel Mission Life Change Center** is an amazing resource for single women with children who have lived with addiction issues and/or domestic violence. They help families define a healthy life plan while supporting them in a long-term Transitional Living Program, with a goal of personal healing, housing stability and independence. For more information, please call 503-802-2271

**Day 14: The wait list for the 3 Emergency Shelters in Washington County** is managed by Community Action. These shelters are **The Good Neighbor Center** in Tigard, **The Community Action Shelter** in Hillsboro and **Family Promise of Washington County**. To get onto the shelter wait list families must meet with a Housing Specialist through Community Connect. This takes anywhere from 1-2 weeks. Once the family meets with the Housing Specialist they may be found eligible for the shelter waitlist and must call Community Action every Monday to remain on the list. If for any reason they miss the Monday call, they are dropped from the list and need to reapply. During the winter months the depth of need for shelter is at its highest and the wait time can be up to 3 months. For Washington County's unsheltered families with children this is a crisis situation. The last shelter built in Washington County was the Good Neighbor Center in 1999. Over the last 17 years our population has increased significantly along with the number of homeless children and families. Shelter for families is a critical gap area of need in our community. Email [info@shelterusbeaverton.org](mailto:info@shelterusbeaverton.org) for information on how you can become involved in raising the awareness of this crisis situation in our community.

**Day 15: The Good Neighbor Center:** [https://goodneighborcenter.org/the\\_center.php](https://goodneighborcenter.org/the_center.php)  
Get involved, Every Positive Action Helps! Signup for their Newsletter at: <https://goodneighborcenter.org/news.php>

**Day 16: Family Promise of Washington County** is located in Hillsboro and is comprised of a network of churches that provide shelter to families in a church on a weekly rotation. This program is one of the 3 Community Action Shelters and is part of the Community Connect system in the county. Beaverton is working to develop a Family Promise network in our community. For more information on the county program please visit their website at: <http://familypromisewc.org/>

**Day 17: The Salvation Army Veterans and Family Center** is a transitional housing center that provides housing for 50 homeless veterans and their families. Through intensive case management and collaboration with the Veterans Administration, clients are provided with the tools necessary to become self-sufficient. For more information, please visit: <http://veterans.salvationarmy.org/>

**Day 18: The Community Action Family Shelter** offers 20 beds with space for five families. Families are able to stay for up to five weeks. A holistic assessment considers the immediate needs of each member of the family. The director, Patrick Rogers, and his staff, have offices in the building. But it is primarily a home. with kitchen, dining room, living room and a place to do laundry. For more information: [http://caowash.org/what\\_we\\_do/housing.html](http://caowash.org/what_we_do/housing.html)

**Day 19: Family Promise** Beaverton was introduced to our community in April of 2016 by Shelter Us Beaverton volunteers. The nonprofit has been established and a core group of volunteers are working to develop shelter host sites through the Beaverton Faith Community. To help launch this program within the next year **Family Promise Beaverton** will need many more volunteers, corporate support and shelter host sites. For more information, please email: [info@FamilyPromiseOfBeaverton.org](mailto:info@FamilyPromiseOfBeaverton.org)





**PLEASE SHARE THE 30-DAY CHALLENGE!**



**WEEK #3**

**Day 20: Homeless, unaccompanied youth who are usually between the ages of 13 and 24** — are young people not in the physical custody of a parent or guardian who lack safe, stable housing. During the last school year 3,320 homeless students were identified through school districts as unaccompanied in Oregon, which is about a 7% increase from the previous school year. **The Beaverton School District averages about 350 homeless, unaccompanied youth annually** and relies heavily on community partnerships such as Second Home for Youth, Boys and Girls Aid and HomePlate Youth Service for services and social support of these youth. The Beaverton School District has a scholarship fund homeless youth can access to help with postsecondary options, as well as extra-curricular activities related to their education. For more information on how to support these programs please email: [Lisa\\_Mentesana@beaverton.k12.or.us](mailto:Lisa_Mentesana@beaverton.k12.or.us)

**Day 21: HomePlate Youth Services** is currently in need of: Sleeping Bags, Blankets, High Protein Snacks, Gifts for the Christmas Store and Volunteers. Visit their website for more information: <http://www.homeplateyouth.org/>

**Day 22: Second Home** is a community response to the difficult problem of providing housing for unaccompanied, homeless youth while they attend high school. The Beaverton program works together with the BSD HELP Center, the Beaverton Dispute Resolution Center of the Mayor's Office, and volunteer home-providers to find stable housing for young people who want to finish their high school education. This program's highest need is volunteer home-providers. If you would like to help support this **VIP** program, please visit: <http://www.emoregon.org/secondhome.php>

**Day 23: Safe Place for Youth Shelter**, a program of Boys and Girls Aid is a 6-week program for youth ages 12-19. Case managers work on family reunification. They also proved shelter to youth during periods of inclement weather. To learn more about this program please visit their web site: <http://boysandgirlsaid.org/housing/safe-place/>

**Day 24: The McKinney-Vento Homeless Education Act** is a federally mandated program designed to address the problems that homeless children and youth face in enrolling, attending, and succeeding in school. To learn more about Oregon's Homeless Education programs please visit the Oregon Department of Education at: <http://www.ode.state.or.us/search/results/?id=113>

**Day 25: NAEHCY**, a national grassroots membership association, connects educators, parents, advocates, researchers, and service providers to ensure school enrollment and attendance and overall success for children and youth whose lives have been disrupted by the lack of safe, permanent, and adequate housing. NAEHCY achieves these goals through advocacy, partnerships, and education. Our members work in schools, education, and advocacy agencies across the country, as well as in shelters and community organizations. We are on the front lines identifying, enrolling, and coordinating services for homeless children and youth. To stay connected and well informed please consider signing up for the NAEHCY Newsletter at: <http://www.naehcy.org/news/sign-up>

**Day 26: Feed a Beaverton homeless student dinner tonight!** Drop a restaurant gift card off to the: BSD HELP Center: 4925 SW Angel Street, Suit 100 • Beaverton, OR 97005  
HomePlate Youth Services: 12520 SW 3rd Street • Beaverton, OR 97005





## WEEK #4



**Day 27: The Holy Trinity Ministry House** provides a Transitional Living Program (TLP) exclusive to Beaverton School District's homeless families. This program has literally taken families off the streets and worked with them until they're stable. They are partnering with New City Initiative's Village Support Network to enhance support services. For more information, please visit their website at: <http://www.h-t.org/ministry-house.html>



**Day 28: New City Initiative-Village Support Network** engages faith communities in ending the cycle of homelessness. This is a new program to Beaverton and Washington County that is doing some phenomenal work in our community. Consider being part of a Village Support Network team to help a family transition from shelter to housing and become more stable in their lives. The commitment is for 4-6 hours a month for 6 months. For more information, please visit their website: <http://www.newcityinitiative.net/>



**Day 29: Safe Families** is a Kindred Partners initiative. When crisis strikes -- perhaps an illness, loss of a job, eviction, substance abuse, or so much more -- some families in our community don't have a supportive network to turn to. Sadly, as the parents struggle to cope with the crisis, their children are especially at risk. Safe Families offers a temporary safe home to children while freeing up their parents to focus on housing stability or whatever crisis they are currently dealing with. It also provides the parents with the support and tools they need to address the crisis so they can eventually reunite with the children. For more information, please visit their website at: <http://safefamiliespdx.org/>



### Day 30: What are the current gap areas of need in Beaverton and Washington County?

• There is only one severe weather shelter in Washington County for families with children and it is only open on Monday & Tuesday evenings. Where does our community send unsheltered families the rest of the week... Gresham! As the City of Beaverton works to develop partnerships within our community that will support an additional incement weather shelter for Washington County please encourage them to consider our unsheltered homeless children and their families as a priority. To contact City Council members with your concerns, please email [citymail@beavertonoregon.gov](mailto:citymail@beavertonoregon.gov) or call (503) 526-2222.



• Another **Emergency Shelter** is needed in Washington County, currently our county is focused on a "**Housing First**" model for homeless people, this includes, single adults, unaccompanied youth and families with children. The **challenges** with this popular national model are not only the lack of affordable housing in our community, but a lack of housing period. We know the first step in addressing homelessness is to get people off the streets as quickly as possible. With a 2% vacancy rate in Washington County's available rental property we need to consider other options of service, along with the Housing First-Rapid Rehousing program. There are currently 47 families on the Community Action Emergency Shelter wait list and 21 of these families are unsheltered. Our county school districts report current homeless student numbers are at the same level as they were at the peak of the recession! "**Let's create CHANGE!**" Support the development of Beaverton's Family Promise and help us get this program in place before next year's Homeless Awareness Month 2017! <http://familypromiseofbeaverton.org/what>



• A **Beaverton Community Resource Center** is the **CHANGE** we need! Help us to build a community based "**One Stop**" service center designed to address **Homeless Challenges and Homeless Prevention**. Our team will create a collaborative co-working office space to provide strong case management focused on service, resource brokerage and homeless prevention. Community partners supporting this initiative are:



- **BSD HELP Center**
- **Ecumenical Ministries of Oregon**
- **Faith Café Family Promise-Beaverton**
- **Holy Trinity Catholic Church**
- **Home Plate Youth Services**
- **New City Initiatives**
- **PAL's-Beaverton Police Actives League**
- **Second Home for Youth**
- **Shared Housing-EMO**
- **Shelter us Beaverton**
- **Union Gospel Mission-Woment's Life Change Center**
- **Valley Catholic**



To learn more about how you can support this initiative please email: [info@shelterusbeaverton.org](mailto:info@shelterusbeaverton.org)



**Thank you so much for your participation and support! TOGETHER WE CAN CREATE CHANGE!**

